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IMS - International Mountain Summit

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Mwst.-Nr./P.IVA: IT02606970214



Dealing with fear. War reporter Antonia Rados at the IMS

Many people know a feeling, whether on the mountain, at work, in daily life - the feeling of fear. Fear has become one of the diseases recognised by the WHO. Around 10% of the population is affected by anxiety disorders.

In tune with the festival's motto "Meet mountain.people.soul", festival organisers **Markus Gaiser** and **Alex Ploner** have chosen one of the best-known German-language television reporter, Antonia Rados, for this year's IMS "inner mountain". She will report on Tuesday 09 October on her very personal approach to the topic of fear.

The veteran and expert war correspondent from the Middle East has made a name for herself above all through her dedicated reportages and news from the war zones. Rados has won many awards for his documentaries in both Austria and Germany. In August 2011 she was also nominated for an international Emmy Award in the "Current Affairs" category for a documentary about pirate activities in Hoby, Somalia.

"Even if fear is human, you have to deal with the fears - and more importantly with the fears of others - especially in war zones in order to survive at all. When, in extreme situations, the other is most important, the foundation stone is laid for joint overcoming of risks. It's hard to cope with dangers on your own - even lonely heroes always have a backup", so the words of the experienced war reporter **Antonia Rados**.

Every danger is different. What was valid yesterday is already unimportant today. So how to deal with the complex realities of war and your own fears?

The crisis and war reporter, as well as RTL chief reporter for foreign affairs, **Antonia Rados** gives an insight into the everyday life of war and the soul life of a reporter who is confronted with fears every day.

The "Media Woman of the Year 2010" will talk about fears, risks and dangers to IMS visitors on Tuesday, October 9, 2018.

The IMS is supported by the umbrella brand South Tyrol, KIKU, Sparkasse und Stiftung Sparkasse, DURST, City of Brixen, Region Trentino/South Tyrol and GORE-TEX.

Tickets and information: www.IMS.bz



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