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IMS - International Mountain Summit

Contact: Erica Kircheis | +39 347 6155011 | press@ims.bz

Brennerstraße 28 | Via Brennero, 28 | I-39042 Brixen/Bressanone

Tel. +39 346 6903132 | info@ims.bz | www.ims.bz

Mwst.-Nr./P.IVA: IT02606970214



Simona Atzori

Art needs no hands

44 years ago she was born in Milan as a girl without arms. Today she has grown into a strong-willed woman who does not consider any challenges too great and thus quickly accepts no limits. With her irrepressible will to live and her winning nature Simona Atzori climbs "inner" mountains. Her performance is a highlight of the 10th anniversary programme of the International Mountain Summit in Brixen.

Simona Atzori, dancer, painter and writer, is famous for her inner strength and for the ability to have successfully undertaken all these artistic and expressive activities, even if she has not had both arms since birth. "I am not my body, I am not what defines me: my name, sex, age, the fact of not having arms. If I had decided to be a body without arms I would be just that. Instead, I chose to be something else. You are what you decide to be," emphasizes the artist.

Everyone has sometimes felt dissatisfied with their lives, often for futile and unimportant reasons, but which nevertheless destabilise us to the point where they look like insurmountable mountains. On Tuesday 9th October Simona Atzori tells the story of the exceptional journey that led her to discover her potential and, at the same time, to accept her limits, thus overcoming the "mountain". Simona will tell about herself without pretending to teach anything, and explains how attitude can make a difference, the ability to solve problems comes, in fact, just from how difficulties are faced.

The IMS is supported by the umbrella brand South Tyrol, KIKU, Sparkasse und Stiftung Sparkasse, DURST, City of Brixen, Region Trentino/South Tyrol and GORE-TEX.

More information and tickets on www.ims.bz



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